

Additional Resources

www.AgManager.info

Upcoming Events: <https://agmanager.info/events>

"Ongoing Effects on Livestock Markets" – Glynn Tonsor, April 9th, 7 pm

"Effects on Land Values" – Mykel Taylor, April 16th, 7 pm

Recordings: <https://agmanager.info/news/recent-videos>

"Further Updates on the Macroeconomy"

"Grain Markets and Planting Intentions"

"Government Stimulus Programs for Ag Producers and Co-ops"

Kansas Farm Analyst Program

www.agmanager.info/programs/ksu-farm-analyst-program

Kansas Farm Management Association (KFMA)

www.AgManager.info/KFMA

Kansas Agricultural Mediation Services (KAMS)

www.k-state.edu/KAMS

Kansas State Research & Extension:

<https://www.ksre.k-state.edu/>

- [My Coping Strategies Plan](#) – K-State Research and Extension used with permission from North Dakota State University
- [Everyday Mindfulness](#)
- Frontier Extension District's [Managing Stress and Pursuing Wellness in Ag](#) webpage

[Kansas AgrAbility Project](#) – Kansas State University

[Kansas Ag Stress](#) – Kansas Department of Agriculture

Kansas Suicide Prevention Hotline - **1-785-841-2345**

Crisis Text Line 24/7 Support Text **"HOME" to 741741**

[Kansas Community Mental Health Centers](#) – printable map

University of Minnesota's [Taking Charge of Your Health and Wellbeing Rural Mental Health Information Hub](#)

Upper Midwest Agricultural Safety and Health Center [Cultivating Resiliency for Women in Agriculture](#)